

Making 2021 YOUR OLYMPIC YEAR



Use this space to list specific action items that will help you get your head in the game this year.

My commitment to a positive mindset in 2021:

SET OLYMPIC GOALS

In order to achieve like an olympian, you need to establish a finish line. Write out your primary goals for 2021, and break them down into smaller ones you can accomplish during the year.

2021 GOALS:

-
-
-
-

QUARTERLY GOALS:

-
-
-
-

10-DAY GOALS:

-
-
-
-

If you feel like you spent 2020 on the bench, it's time for a mindset shift! Use this guide to set yourself up for a 2021 of olympic proportions.

Start Strong in 2021

- Consume positive, uplifting media.
 - “The Brian Buffini Show” podcast is a great resource for the mindsets, motivations and methodologies of success!
- Start a gratitude journal.
- Maintain strong relationships with loved ones.

Train Like a Champion

- Practice your craft constantly to remain at the top of your game!
- Seek out opportunities for business training.
- Constantly synergize with like-minded professionals.

Come to the Buffini & Company MasterMind™ Summit!

Buffini & Company MasterMind Summit™ is a personal growth event unlike any other that inspires people around the world to achieve at their highest level — and in 2021, eight-time Olympic medalist Apolo Ohno will join master motivator Brian Buffini on stage to share his insights on unleashing your inner olympian. Claim your seat today: buffiniandcompany.com/mastermind.

