

# Live a Life Without Limits

When you're not making the progress you desire, it's easy to get frustrated and feel like you're stuck in a rut with the wheels spinning.

These quotes from top leaders in business, culture and sports will help inspire you and propel you towards your goals.



The only limit to our realization of tomorrow will be our doubts of today.

**FRANKLIN D. ROOSEVELT**  
32nd U.S. President



Don't go where the path may lead. Go instead where there is no path and leave a trail.

**RALPH WALDO EMERSON**  
American Essayist and Philosopher



Often it isn't the mountains ahead that wear you out. It's the little pebble in your shoe.

**MUHAMMAD ALI**  
American Professional Boxer and Activist



Limiting beliefs lead to limiting thoughts. Limiting thoughts lead to limiting actions. Change your beliefs and watch your actions change.

**CHARLES F. GLASSMAN**  
Author



Faith is to believe what you do not see; the reward of this faith is to see what you believe.

**SAINT AUGUSTINE**  
Theologian and Philosopher



Twenty years from now you will be more disappointed by the things that you didn't do than by the ones that you did do, so throw off the bowlines, sail away from the safe harbor, catch the trade winds in your sails. Explore, dream, discover.

**MARK TWAIN**  
American Writer and Humorist



Simplicity boils down to two steps: Identify the essential and eliminate the rest.

**LEO BABAUTA**  
Author



If we were meant to stay in one place, we'd have roots instead of feet.

**RACHEL WOLCHIN**  
Author



# Turn the “Seven Killers” Around to Your Advantage

Read each of these lines left to right.  
Then read in the opposite direction — from right to left!

**Laziness** kills **ambition**

**Doubt** kills **faith**

**Self-importance** kills **perspective**

**Fear** kills **a sense of adventure**

**Indecision** kills **perseverance**

**Powerlessness** kills **drive**

**Entitlement** kills **hard work**

